

## In-Season Tabbouleh (Summer Salad)

- 2 cups water
- 1 1/2 teaspoons salt
- 1 cup bulgur wheat (fine grain)
- 2 medium tomatoes, seeded and very finely chopped
- Fresh corn
- 1 1/2 cups finely chopped arugula
- 1 1/2 cups finely chopped Italian parsley
- 10 green onions, thinly sliced crosswise
- 1/4 cup extra-virgin olive oil
- 1/4 cup fresh lemon juice
- Freshly ground black pepper

## In-Season Tabbouleh (Summer Salad)

## Ingredients

- 2 cups water
- 1 1/2 teaspoons salt
- 1 cup bulgur wheat (fine grain)
- 2 medium tomatoes, finely chopped
- Fresh corn
- 11/2 cups finely chopped arugula
- 1 1/2 cups finely chopped Italian parsley

- 10 green onions, thinly sliced crosswise
- 1/4 cup extra-virgin olive oil
- 1/4 cup fresh lemon juice
- Freshly ground black pepper For topping:
- Approx. 1 cup crumpled goat cheese
- 6 tablespoons toasted pine nuts

## Directions

- 1.In a bowl, combine 2 cups water, 1 teaspoon salt, and the bulgur. Set aside to soak for 1 hour.
- 2.Place a colander in the sink and line with a clean dish towel. Place the bulgur into the colander. Gather up the ends of the towel and twist, squeezing out as much water as possible.
- 3.Place the bulgur in a large bowl and fluff it with a fork. Add the remaining ingredients plus another ó teaspoon of salt. Mix thoroughly and serve at room temperature or chilled.
- 4.Just before serving, sprinkle each portion of salad with the crumbled
- 5.goat cheese and toasted pine nuts

