



# The Best Peach Breakfast Bowl

- 1/2 peeled or unpeeled peach, diced
- 1/2 cup plain yogurt or ice cream
- 1/4 cup granola
- Honey to taste



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Serves 1

## Ingredients

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- 1/2 cup plain yogurt or ice cream
- 1/4 cup granola
- Honey to taste

## Directions

- Add a small layer of granola to the bottom of a bowl, then add half of your diced peach and yogurt or honey.
- Add the remaining granola and peaches to the top and drizzle with honey to taste.